



Lothian Lockdown: The Lothian Diary Project

Frequently Asked Questions

Q1. What is this project about, and who can participate?

You are being invited to take part in a research project about Lothians residents' psychological and social experiences during the coronavirus pandemic (Covid-19). Your contribution will help inform understanding about the effects of social isolation across different residents of Edinburgh and the Lothians. Participation is open to anyone currently residing in the Lothians, regardless of nationality, and is entirely voluntary. It is only open to those in isolation, either alone or with other household members.

Q2. Do I have to make a video or can I just record my voice?

You can make either a video or audio diary - whichever you are most comfortable with. You could also film other things, and add a voiceover to it if you prefer. We're looking for recordings that represent your perspective on Covid-19.

Q3. How long should my recording be?

Your recording can be as long as you like, but we'd suggest at least 5 minutes.

Q4. I have many short recordings, can I upload them all?

You can add multiple audio or video files for upload using the same upload link in the survey, as long as they are all of the same person. If you want to send us recordings in the future, contact us at lothiandiaries@gmail.com, and we'll provide instructions.

Please note that individual participants can only be paid once (i.e. for one audio/video diary and one set of survey responses). You must both upload a recording and complete the survey in order to qualify for



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payment.

Q5. What do I need to use to record myself?

Please see the video making tips page on our website.

Q6. What should I talk about?

The *Participate* page on our website has some ideas for things you could talk about.

Q7. Is there someone I can contact for help?

Send us an email at lothiandiaries@gmail.com and we'll get in touch.

If you want to ask any questions or advice from someone external to the study, or if you wish to make a complaint about the study, the please contact: Chris Cummins, Email: LEL.ethics@ed.ac.uk
For general information on how we use your data, go to: <https://www.ed.ac.uk/data-protection/data-protection-policy>.

Q8. Can I use a video I already made for something else, e.g. YouTube, TikTok?

Yes, as long as you have the right to share the video with us.

Q9. Do I need to be from Edinburgh to participate?

We don't mind where you're from originally, but right now we're only collecting video diaries from current residents of the Lothians regions.

Q10. Do I have to be Scottish to participate?

No, you just need to be a resident of the Lothians. We're looking for



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lots of different perspectives!

Q11. Do I need to speak English to participate?

No, we welcome diaries in any language and we especially welcome contributions in Gaelic and Scots.

Q12. How long will it take to process my payment?

It can take up to two weeks to process payments.

Q13. How do I submit a recording?

You'll be shown an upload box after filling in the online consent form (as part of the survey). You'll be shown a unique ID number (video ID), which you'll need to enter into the uploader so that we can match your recording to your survey answers. We will need to check that you have completed both the survey and uploaded a recording in order to pay you!

Q14. Do I also have to answer the survey questions or can I just upload a video/audio diary?

To be eligible for the £15 payment, we'll need you to complete the survey too.

Q15. Can I participate more than once?

Unfortunately, we can only pay for participation once. However, if you would like to make further video/audio diary contributions anyway, please get in touch: lothiandiaries@gmail.com.

Q16. How do I find out the results?



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The research team will be sharing the results of the project via a website to be made at the conclusion of the study. To be contacted when the website is ready, please give us your email address at the end of the study.

Q17. I'm working on something related. Would you be open to discussion?

We would be delighted to talk to you about similar projects! You can reach us at lothiandiaries@gmail.com and also on social media (links above).

Q18. Ok, how do I participate?

Go to <https://lothianlockdown.org/participate> to begin!



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www.lothianlockdown.org

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